



# Parent Handbook

Day Camp 2023



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# Welcome!

Dear Parents,

Thank you for registering your camper for Summer Camp at Krislund! We have a wonderful staff eager to provide a summer full of fun as we build relationships, experience creation, and deepen our bond with Christ together.

Whether you are new to camp or a familiar face, we want to ensure the best possible experience for your camper. Please read through the handbook as it contains important information that will help make your camper's time here a success. We have done our best to anticipate what you need to know about our program, policies, and procedures. However, you are welcome to contact us with additional questions by phone or email.

We look forward to seeing you this summer!

*Kealy Daye*  
*Program Director*  
*[programdirector@krislund.org](mailto:programdirector@krislund.org)*  
*(814) 422-8878*



# Packing List

It is advisable to put your campers initials on all their belongings.

## What to Pack

- **Backpack** (This is crucial. Campers will carry their backpacks with them *everywhere*, everyday.)
- Sturdy Shoes (If you bring sandals for daily wear, they **MUST** have a heel strap)
- Sunscreen and bug spray
- **Reusable Water Bottle** (This is also crucial.)
- Swimsuit (modest one-piece for girls, modest swim shorts for boys)
- Swim towel
- Rain jacket or hooded sweatshirt are recommended
- Medications in original package (these will be given to a Krislund staff member to be given to the Health Officer once at camp)

## What NOT to Pack

- Tobacco & Vaping Materials
- Alcohol, Non prescription drugs
- Firearms or weapons of any kind
- Cell phones or other electronics
- Expensive clothing or jewelry
- CDs/DVDs
- Pets
- Impractical or immodest clothing
- Clothing advertising alcohol, drugs or tobacco or with obscenities
- Snacks: Please do NOT send food/snacks along with your camper as they attract pests. If your camper has a special dietary need and you are concerned about the snacks they will receive daily, please contact us at [summercampdirector@krislund.org](mailto:summercampdirector@krislund.org).

## Packing for Thursday Overnight

*STEM Day Campers will stay in our gymnasium with an attached bathroom. All campers will have a camp mattress to sleep on in the gym.*

- Sleeping bag and pillow
- Pajamas
- Flash light
- Toiletries



# Drop Off and Transportation

## Parking and Accessibility for Drop Off

When you arrive at Krislund, please continue until you see the pool on your left. Parents picking up or dropping off their campers can park anywhere near the bath house/pool deck area. Campers can be dropped off between 8:15 and 9:00am and can be picked up between 4:45 and 5:30 pm.

Campers will ONLY be released to people listed under “Authorized Pickup” on their registration. Please review this and make sure that you are listed, along with anyone else who may pick up your child. If a situation arises and you need to add or remove someone from your pickup list, please email Hannah at [summercampdirector@krislund.org](mailto:summercampdirector@krislund.org) or call our office at (814) 422-8878.

## Transportation by Krislund

This year, Krislund will likely be using vans to transport campers from multiple locations. If your camper is being transported by Krislund, pickup will be at the following times and locations:

### **Innovation Park**

100 Innovation Boulevard, State College: 8:30am and 5:30pm

### **Great Island Presbyterian Church**

12 W Water Street, Lock Haven: 8:30am and 5:30pm

NOTE: Campers will ONLY be released to people listed under “Authorized Pickup” on their registration. Please review this and make sure that you are listed, along with anyone else who may pick up your child. If a situation arises and you need to add or remove someone from your pickup list, please email Hannah at [summercampdirector@krislund.org](mailto:summercampdirector@krislund.org) or call our office at (814) 422-8878.

## Payment

All payments must be completed before your child attends day camp. Please add all camp store money before the session your child is attending. If you wish to add store money during the week, please call our office or email [summercampdirector@krislund.org](mailto:summercampdirector@krislund.org).

**Note:** There is a **non-refundable deposit** for each camp selected which must be submitted with your payment.



## Camper Medications

Upon arrival, all campers will undergo a health screening by our Health Officer. This will include a lice and temperature check.

If your camper has any medication to be taken while they are at camp, please put the correct amount in the **original prescription bottle** in a plastic bag with your camper's name on it. Please give this to the Summer Camp Coordinator or Health Officer at the bus or to one of the counselors if your child is being dropped off at Krislund. This is also true for any overnight medications that your camper may need on a Wednesday overnight.

If your camper is registered for multiple sessions, please only pack one week's worth of medication at a time. We will return your prescription bottle at the end of each session to be refilled.

**PLEASE DO NOT SEND MEDICATION IN YOUR CAMPER'S BACKPACK OR IN ANYTHING OTHER THAN THE ORIGINAL PACKAGING.**



# Health and Safety

## Dietary Needs

Lunch and two snacks are provided to campers daily. On Thursday overnights, they will also be given dinner and the following breakfast at no additional charge. **Please make sure that dietary restrictions are listed in your online registration.**

## Vaccination Policy

For the protection of all campers and staff it is the policy of Krislund to require vaccinations for communicable diseases for children who attend any summer camp program. If we do not have proof of vaccinations, the camper will have to depart camp until he/she can return with the immunization record.

## Homesickness

Each of our staff members will be trained on handling homesickness. If you are worried about your camper being homesick, please notify our Health Officer and the camper's counselor.

Some steps you can take at home to help reduce the chances of homesickness are:

1. Be positive and encouraging about your child's camp experience
2. Discuss how to handle personal fear and how to make new friends at camp
3. Encourage campers to tell their counselor if they are homesick
4. Do not promise to call and talk to your camper or to come pick them up - in most cases, if a camper talks to their parents on the phone it only escalates their homesickness
5. Give your child letter writing materials and encourage them to communicate with you via mail
6. Send your camper's comfort object (blanket, toy, etc.) with them to camp.
7. Be honest about your camper's age and maturity and do not send them to camp if they are not ready to be away from home for that amount of time.

We want all campers to have a great time, and understand that homesickness is normal in their developmental stage. If homesickness is only occurring at night and does not interrupt daily activities, we typically do not notify parents. If their homesickness is lasting throughout the day, we will notify the primary parent on registration and discuss what to do to best benefit the camper.



## Health and Safety, Continued

### Sunscreen and Bug Spray

Krislund is blessed with beautiful natural resources like fields, woods, and streams. This means that campers need to be protected against the sun, mosquitoes, and ticks. Please send your camper with ample sunscreen and bug spray for the week. We recommend writing your camper's name on the bottles and have also found that spray-on products are much easier to apply consistently. Counselors may help campers with their sunscreen and bug spray to be sure that it is applied effectively. If a camper forgets his or her sunscreen or bug spray, we will keep extra at the Health Office and with each of our counselors.

### Camper Privacy

Contact information collected during registration for you/your camper will not be shared with anyone except healthcare professionals and the directors in the event of an incident or emergency. If you wish for us to not post your child's picture on social media or in our promotional materials, please contact us.

### Covid-19 Policies and Procedures

If you have questions or concerns about Covid-19, please contact us.





# Behavior Policy

At Krislund, we strive to provide a fun, safe, and secure environment for all of our campers. To ensure that our camp is always operating at the highest quality and that campers are being cared for in a positive environment, the following guidelines have been developed. Camp staff will reinforce appropriate behavior through positive reinforcement, firm statements, and redirection of activity. All campers must understand and follow the guidelines set forth. Please review these guidelines with your child.

Campers should:

- Talk in a pleasant and respectful manner.
- Always obey camp, pool, and bus rules.
- Always obey camp staff.
- Treat all equipment and supplies with care and respect.
- Show respect to all staff, bus drivers, and other campers.
- Have a positive attitude and have fun!

Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules
- Using profanity, vulgarity or obscenities
- Stealing or damaging property (personal or camp property)
- Refusing to cooperate with staff
- Disrupting a program
- Leaving a program without permission
- Displaying aggressive behavior that is threatening to the child, staff, or others
- Endangering the health and safety of children and/or staff
- Teasing, making fun of or bullying other campers or staff
- Fighting of any kind

Listed below are the discipline procedures for campers who are exhibiting unacceptable behavior:

1. The camper's Counselor will speak with the camper and check whether the camper understands why the behavior is unacceptable and knows what the consequences are. The Counselor will restate the desired behavior, with clear consequences given for not following the desired behavior. The removal of a camper from a problem situation in a time out may be a consequence in this first stage. Removal gives the camper time to calm down and reflect on his/her actions and provides the staff a chance to discuss with the camper what happened.



2. If the behavior is repeated, the Counselor will let the camper know that this is still unacceptable and will then involve the Program Director and/or Camp Director. At this stage, Camp will contact the parent or guardian of the camper to make them aware of the situation and to ask for cooperation and insight.
3. If the behavior persists, the Camp Director will determine if the camper should remain at camp or be sent home. Parents will need to make transportation arrangements, ***and there are no refunds for campers sent home for behavioral reasons.***
4. In instances of extreme behavior, the camper may be sent home immediately at the discretion of the Camp Director.

**Please review these rules with your child prior to the first day of camp.** The staff will review these rules with your child at the beginning of each week as well. Thank you in advance for your cooperation. We are looking forward to a great summer!



## Camp Store

Our camp store is located at the pool deck area and is open daily for campers to purchase souvenirs like stickers, sunglasses, water bottles, stuffed animals, t-shirts, and sweatshirts. Items range in price from 25 cents (stickers) to \$45 (hooded sweatshirts). We also sell snacks and non-caffeinated beverages at our camp store! Decaffeinated soda, juice, lemonade, and candy will all be available when the camp store is open.

Store money can be added online before camp starts or in person at registration. Additionally, we now have our camp store items available for purchase online, as well as camper store accounts online. With this new addition, money can be added online **during** your week of camp and will be updated for your camper's use during that week. The camp store will also be open during registration and pick-up so you can view or purchase items. **All money left in campers' store accounts at the end of the Summer will be placed in our camper scholarship fund.**

## Lost and Found

The lost and found bin can be found near the bathhouse. Campers may search this bin at any time. For campers getting picked up at Krislund, parents may also look through the bin during pick-up time. Once camp ends, lost and found will be kept for **TWO WEEKS ONLY** before it is donated. We suggest labeling your camper's items and not sending expensive or valuable items to camp with them. If your child has lost an item, please contact the Summer Program Director by phone or email at [summercampdirector@krislund.org](mailto:summercampdirector@krislund.org) and we will be happy to look for it.

## Mail

Campers receive mail each day at lunch time. You can mail letters to us at:

Krislund Camp  
c/o Camper's Name  
PO Box 116  
Madisonburg, PA 16852

Or, bring them with you at pick up/drop off. Please do not mail your camper food. We are also happy to mail out camper letters as long as they have brought a pre-addressed and stamped envelope to camp with them.

## Visitors

We cannot accept visitors while camp is in session as it disrupts daily activities and group dynamics.

## Location

